

# BRIGHT BEGINNINGS

## PRESCHOOL

[brightbeginningsva.com](http://brightbeginningsva.com)

**Charlottesville's Early Childhood Leader Since 1984**

### NEWS FROM THE FRONT DESK:

Another week has flown by in this New Year; we have new families starting and new members joining our staff.

We would like to welcome the Senator Family, Romero Family, Ruckman Family and Ayuadas Family to our Bright Beginnings community! As well as welcoming Ms. Kim to our Starfish room and Ms. Carol to our Dolphin room!

### NEWS FROM THE ADMISSIONS DESK:

Thank you so much to our current families who are sending in your testimonials! Our staff have loved reading your kind words and we will share them on our social media sites! Please, if you have something great to say about Bright Beginnings please email them to [lisa@brightbeginningsva.com](mailto:lisa@brightbeginningsva.com) today! We have had so many families get their \$100 family credit this month! Thank you for spreading the word about us – Charlottesville's #1 Preschool! We had 35 tours this month at Bright Beginnings! Thank you for telling your friends! We're growing!! Do you know someone who has a love for children, experience in a licensed childcare facility and wants to work with a growing team? Let us know – we're always looking for top-notch staff to add to our wonderful family!

Don't forget to "like" our Facebook page for daily recipes, photos, crafts and more! Simply "like" Bright Beginnings Preschool, Charlottesville VA! We are proud to be part of your family! Don't forget to hang up your January curriculum so you can actively see what we're up to each month!

### NEWS FROM BB ACCOUNTS:

Re-registration has been billed to all appropriate accounts. This is a \$100 fee billed each school year, due February 1, 2016. Please let us know if you want to pay for this separately or just billed and charged with your February tuition.

We had an accounts audit this week, anyone who had not been billed or paid their \$300 deposit when his or her child was enrolled will have been billed this, this week. If your balance due seems higher, this may be the reason. Deposits can be broken up monthly if needed. Please let Ms. Alison know how you would like this to be paid. Thank you.

Tax ID Number: Bright Beginnings Tax ID is 54-1529854. Please inform us if you wish to receive receipts for tuition payments. To receive a yearly account summary, please inform us in writing at least two weeks in advance.

**January 15, 2016**

### DATES TO REMEMBER!

**January 29** – Child's Night  
Out 6:00-8:30.

Enjoy a Parents Night out!

### WHATS NEW?

Baby Sign Language

Yoga

Music Class

Gymnastics/Dance

Spanish Class (coming soon!)

# CLASSROOM NEWS!!

## NEWS FROM OUR PENGUIN FRIENDS:

Hello everyone it was a great week in our penguin room our theme for the week was "Winter". To help develop our fine motor skills we tore paper, made ice cube paint, and played with cool whip, melting ice/snow, and coloring with crayons. For practical living we did winter dress up, made baby muffins (cooking project), made a snow pile out of paper, made vegetable soup, and had a snow ball fight with cotton balls. For art we made snow globes, marshmallows snowman, ice painting, snowflakes painting, and a snowman craft. For reading literature we read "Polar Bear, Polar Bear", "Abc Bear", "baby bear baby bear", "snowman", and "facing giraffes". For gross motor we played up and down, jump jump, backwards and forwards, toddler gymnastics, and free tag.

\*A reminder to all, please make sure all cups and food are labeled with name and date. Please no lunch bags in the fridge we need to have room for everyone. Please make sure you bring in hats gloves and winter jackets, we go outside and it's cold on the playground. Please be sure names are labeled in jackets as well. Thank you.

## NEWS FROM OUR STARFISH FRIENDS:

## NEWS FROM OUR SEA TURTLE FRIENDS:

This week in the Sea Turtle room we enjoyed the book rainbow fish! The children really liked the shiny pages of the book. Baby James liked feeling the different textures of the book. For a little baby science, and to go along with the rainbow fish theme, we had fun with a rainbow milk sensory table. You take a bowl of milk and add different food colors and one drop of soap. The colors will start to ripple together. Benson and Luke really enjoyed it. They were smiling and clapping when the colors started to move. For a fun group activity we did tissue box play. We put different items inside the tissue box, and let the babies take them out. As we did each action, we told the babies when the items were going in and where they were coming out. Emma Reese really liked this game, she liked watching the colorful keys go in and out of the box. We also all made a "snow pile" out of newspaper for some winter fun. Benson loved crawling through the newspaper. This week for art we made our own rainbow fish. Faith loves art and her fish came out so cute! Thank you everyone for participating in backwards day! We took a group photo with the children to show how much fun we had with it!

Please be sure to check your child's cubby every Friday for any artwork that needs to go home. Please make sure to check your child's day note every Friday for anything they may need for the upcoming week.

## NEWS FROM OUR SEAL FRIENDS:

## NEWS FROM OUR OTTER FRIENDS:

The Otter Room had a great week! We would like to welcome Sophia, Attila, Persie and their families to the Otter room. We are very excited for them to join us and getting to know their new friends and having lots of fun at school. The children really enjoyed doing the art projects this week. For art and fine motor we did cookie cutter paintings, cotton ball art, gluing torn paper, snow scene pictures and making snowflakes. The children get super excited when we talk about snow and do snowy art work. For gross motor we had fun doing up/down, backwards/forwards, bouncing balls, gymnastics and rocking the sled. Kaylin, John and Will really enjoyed doing the rocking the sled and pretending we were sledding down a snow hill. The children had a blast doing the paper snowball fight with each other and we can't wait for a real snow day so we can build snowmen and have a real snowball fight.

\*Parents we also want to remind you that we no longer have a fridge in our class room please be sure to put an ice pack in your child's lunch.

\*Parents we are making vegetable soup next Friday January 22<sup>nd</sup>. Please sign up on door to bring in some canned vegetables for our soup\*

Thanks



# CLASSROOM NEWS!!

## NEWS FROM OUR WALRUS FRIENDS:

In a world of Walrus wonderment one can only conclude we rocked this week. Starting with our Morning Meeting time which keeps receiving fun add ons such as the Dino Of The Week. But now we have made a new counting chart which helps us count all the way to thirty. What will Morning Meeting have new next week, can't say but I can tell you it's going to be awesome. Speaking of awesome, we are getting really good at all our snowball games. As a positive side effect we are getting so good at taking turns and being patient while waiting for others. In other gaming news, we started our soccer training and it's fun. It is so hard not to grab the ball with our hands but we're trying. Our Superstar Rockstar of the week is Levi, he rocks, he rolls, and he's Levi. The letter of the week is the cute "Qq". We learned how "Q" and "U" are in love and how they stay close to spell words. If you stopped by our Car World this week then you got to witness the great train takeover. Not sure how long it's going to last but trains are cool. Hope everyone has a wonderful weekend and fantastic MLK day!

## NEWS FROM OUR DOLPHIN FRIENDS:

It's been a great week in the Dolphin room! We started this week off with welcoming a few new friends and our new addition to the room, Ms. Carol; who the kids love! For journals this week we focused on the letter "Oo", the number 14 and the word winter. They were very excited about our word of the week, they've been asking for it. In language arts, we spent sometime on power words, poems and rhyming words. We had a blast working on our art project too! You can find our classroom snowman on the bathroom door! For math, we've started counting by 10's and re-counting up to 100. Lastly, in social studies we focused on manners! We took the time to introduce ourselves, use please and thank you, and we talked about thank you notes. I hope everyone enjoy's their weekend!

## NEWS FROM OUR GYMNASTICS CLASS:

This week in Gymnastics the three year olds enjoyed stretching games, and dance movement. Our four year olds were working on balancing and continued to work on the importance of stretching!

## NEWS FROM OUR OCTOPUS FRIENDS:

This week in the Octopus classroom we continued learning about snow and winter. We read some great literature including: "In the Snow, Who's been Here" By Lindsay Barrett George, "The Big Snow" By Berta and Elmer Hader, "Bear Snores On" By Karma Wilson and Jane Chapman and "Happy Winter" By Karen Gundersheimer. In art, we made snowflakes out of coffee filters, a class snowman, and mitten art. We discussed how we can observe snow with each of our senses, what winter makes us think of, and came up with a list of winter words. We also began learning about even and odd numbers, and now can count by twos, along with being ably to count by fives and tens already! Finally, we reviewed word families, and added new sight words to add to our Charlie the Caterpillar word wall!..Woohoo!!!

# CLASSROOM NEWS!!

## NEWS FROM OUR MUSIC CLASS:

Music Class with my Preschool and Toddler Friends

This Week We:

**Our welcome song, "I'm So Glad You're Here"**

It's what we do to start things off right.

**Where's My Shoe**

A morning story/song filled with silliness

**Black Socks**

A song about my smelly socks

**The Flex-A-Tone**

Learning about a new instrument and taking turns playing it.

**We Are The Dinosaurs**

Dancing, marching, and acting like dinosaurs

**Dirty Feet**

We made different sounds to this tune as we improved a few verses

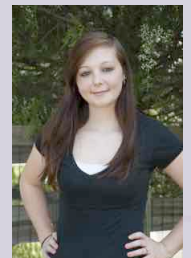
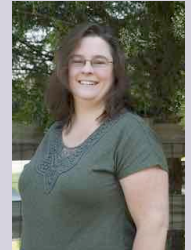
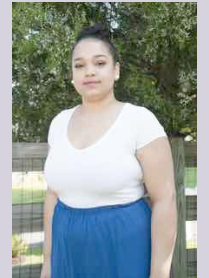
Objectives:

Exploring Musical Instruments

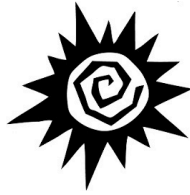
Expression through Dance

Flex-A-Tone - is a modern **percussion instrument** (an **indirectly struck idiophone**) consisting of a small flexible metal sheet suspended in a wire frame ending in a handle

*"Life is about rhythm. We vibrate, our hearts are pumping blood, we are a rhythm machine, that's what we are." Mickey Hart*







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GOOD NEWS AND INFORMATION FOR OUR FRIENDS AND FAMILIES

October 2015

**Do you have something nice to say about Mill Creek?** Our staff love to hear your feedback! Please give us a 5 Star review on Google and we'll give you a coffee card just for being awesome! Thank you for all of your support – for being part of our BB Family!!

**Does your Toddler or Preschooler cry about everything?  
Here are some solutions...**

**SOLUTIONS FOR WHEN YOUR CHILD CRIES ABOUT EVERYTHING:**

- "Many times you will see this in children, where they will behave in school, but misbehave at home. Try to think of it as your child feeling so loved by you that s/he knows they can show you their absolute worst (after holding it together all day) and know that they are still loved." ~Sarah Flood, Teacher
- If he watches TV, let him watch shows that teach good morals, like Daniel Tiger's Neighborhood. Limit this screen time.
- "Behavior like this is completely normal. When he cries, give him the words he needs...."looks like you are mad that the tablet ran out of battery, here let's charge it up".....stating what is obvious to you is not yet obvious to him. " I know you are not happy about getting ready but we need to get to the store, getting ready right now is not a choice" ~Lynn Buck
- "Kids these days are all about instant gratification. If something doesn't go their way, they can't handle it. Kids are so use to technology providing them with constant stimulation that they don't know what to do on their own. It is something to think about."~Debi Hall

Cut back on electronics for a week or two. Maybe even go cold-turkey for a few weeks. You won't believe the change!

To read more visit <http://kidsactivitiesblog.com/79299/child-cries-everything>

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